

# Family Learning in and Around Berwick from January 2010



## BRILLIANT BAIT BOXES

Find out what you can make for your child's packed lunch to ensure it is tempting and good for them.  
SEAHOUSES, First School 1.30—3pm from Monday 25 January for 3 alternate weeks.

## FAMILY FITNESS/EXERCISE CLASS

Stay for a while after school to get fit with your family.  
SEAHOUSES, First School, 3.30—4 pm Wednesday from 3 February 2010 for 3 weeks.

## INTRODUCTION TO HOME SAFETY & CHILD DEVELOPMENT\*

This course covers the essentials for providing a safe environment for your child and gives you the skills and confidence to help your child develop through play in their early years.  
SEAHOUSES, venue tbc 1—3 pm from Monday 22 March for 8 weeks

## LOOK WHO'S TALKING\*

A course to help parents and carers understand language development for the under fives  
BELFORD, Bell View Centre, from Monday 18 Jan 2010, 09.30-11.30 am  
WOOLER, Cheviot Centre, from Thur 21 Jan 2010, 1—3 pm  
BERWICK, Berwick Children's Centre, Tweedmouth, from Mon 18 Jan 2010, 13.00-15.00 pm

## FUN WITH FRENCH

A chance to learn a little and experience what it would be like to learn more on our beginners French speaking and listening course.  
SEAHOUSES, First School 2—3.30 pm Tuesday from 26 January for 3 weeks  
GLENDALE, Middle School 2—3 pm Wednesday from 27 January for 3 weeks

## GRAND PRIX EVENT

Customise a remote control car, test drive and then compete in our Formula 1.5 race. All materials provided but places are limited so don't delay your enrolment until the last minute. Adults must be accompanied by a child, each team must have at least one adult and no more than 2 children aged 7 years and over.  
BERWICK, Community Centre 10 am—3 pm Wednesday 7 April



\*These courses are suitable for parents, carers, childminders and those interested in a career working with children. Limited crèche places may be available or help with childminding costs. Please let us know if you need help with this when enrolling.

For further information or to book a place, please contact:

Berwick Community Centre, 5 Palace Street East,  
Berwick upon Tweed TD15 1HT ☎ 01289 306421  
Office Hours: 09.00-19.30 Mon to Thur