

# ACTION LEARNING

## WHAT IS IT?

It's two things:

1. A problem solving forum.
2. An adult learning programme.



## HOW DOES IT WORK

Small groups of about 5 people meet regularly to work through some of the issues and problems associated with their work.

Usually we meet for about three or four hours once every four weeks or so. But timings can change to suit the group.

Everybody takes turns at talking about their issue - the rest of the group asks questions to help get the thinking straight. People decide their own actions based on the exchange of views.

Between meetings action is taken and reviewed at the next meeting. The process goes on until the issue is resolved.

It's certainly been the most powerful learning method that I've ever experienced.

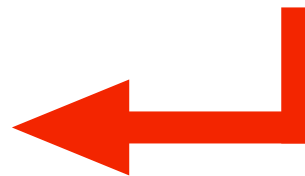
Voluntary Sector Chief Officer North Tyneside

## SO WHERE DOES THE LEARNING COME IN?

The greatest learning comes from the action you take after talking about your thinking and ideas with your group colleagues.

In Action Learning we don't do teaching, role plays, games, or simulations. We work on the real problems of real people. That way you learn what you need to know, when you need to know it, to get the job done.

Experienced Action Learners say they learn new skills, become more self aware, and gain greatly in self confidence.



I can't think of another approach that has brought me so much insight to tackle my own work related issues and enabled me to help others in a similar way.

Community worker in Middlesbrough

KEEN TO KNOW MORE ABOUT ACTION LEARNING?

Read **Super Trouper**